

MyVer[®]

Improves male fertility



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What is MyVer[®] Product?

It is a food supplement that contains **L-Carnitine** and **L-Arginine** (which are EFSA-approved to contribute to normal spermatogenesis) **along with essential elements and vitamins**.

MyVer improves male fertility by enhancing sperm count, motility, and quality.

Active Ingredients and Effects

- **L-Carnitine:** enhances sperm motility, promotes sperm maturation, and supports sperm fertilization. It also protects the sperm against oxidative damage, reducing apoptosis of spermatogenic cells, and inhibiting sperm aggregation.

- **L-Arginine:** enhances sperm count, quality, and fertility.

- **Coenzyme Q10:** plays an important role in forming the membranes and other structures within cells by fighting the effects of oxidative stress.

- **Glutathione:** protects the cell membranes from lipid oxidation and prevents the formation of free oxygen. A glutathione deficit leads to instability of the midpiece of the spermatozoa, which results in a motility disorder.

- **Zinc and Folate:** improve sperm quality and motility.

- **Selenium, Vitamins C and E:** protect the sperm cell membrane components from damage through their powerful antioxidant effect.

- **Vitamin D:** enhances sperm motility.

Uses

Supports male fertility by reducing:

- Oligozoospermia (low number of sperm in the ejaculate)

- Asthenozoospermia (defects in sperm motility)

- Teratozoospermia (abnormal sperm morphology)

Directions of Use

Empty the content of 1 sachet in a glass of water and drink it twice daily, or as recommended by the healthcare provider.

For adults only.

Amounts of Active Ingredients

Per 2 Sachets: L-Carnitine (1500 mg), L-Arginine (1000 mg), Coenzyme Q10 (50 mg), Glutathione (50 mg), Zinc (10 mg), Selenium (55 mcg), Vitamin C (160 mg), Vitamin E (18 mg), Folate (200 mcg), Vitamin D (7.5 mcg).



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