VITACED

COMPLETE A-Z + LUTEIN & COQ10





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What is VitaCed Complete A-Z + LUTEIN & COQ10 Product?

It is a multivitamin food supplement that contains a combination of **27 vitamins**, **minerals**, **and trace elements**, in addition to **Lutein & COQ10**. It supports overall health as it boosts immunity, raises energy levels, maintains healthy skin, hair, and nails, and eases stress.



Active Ingredients and Effects

- Calcium and Phosphor: maintain strong bones and teeth, assist in muscle contractions and nerve stimulations, and regulate blood pressure.
- Magnesium, Potassium, and Copper: prevent muscular cramps, maintain muscle and nerve function, keep heart rhythm steady, and keep strong bones.
- Vitamin C: supports the growth, development, and repair of all body tissues, including the formation of collagen, absorption of iron, the proper functioning of the immune system, wound healing, and the maintenance of cartilage, bones, and teeth.
- **Vitamin B-Complex:** 8 B vitamins that support healthy brain and nerves, prevent cancer, ease stress and chronic fatigue symptoms, and enhance the health of skin, hair, and nails.
- Vitamin E, Zinc, Coenzyme Q10, and Selenium: boost immunity and protect the body's cells.
- Iron: helps move oxygen from the lungs to the rest of the body and helps muscles store and use oxygen.
- Manganese: contributes to the building and maintenance of normal bones.
- Lutein: functions as a light filter protecting the eye tissues from sunlight damage.
- Vitamin A: promotes tissue and bone repair, healthy skin and eyes, and boosts immunity.
- Molybdenum: contributes to the enzyme processes for protein metabolism.
- lodine: supports the thyroid gland to produce hormones that control metabolism, growth, and development.
- Vitamin K1: plays a role in blood clotting, bone metabolism, and regulates blood calcium levels.
- Chromium: aids in weight loss and controls blood sugar.
- Vitamin D3: aids in calcium absorption for the normal growth and development of bones and teeth.



Uses

- Supports overall health and daily performance
- Boosts immunity
- Raises energy levels
- · Maintains healthy skin, hair, and nails
- · Fights against stress



Directions of Use

Take 1 tablet per day with plenty of water, preferably during meals, or as recommended by the healthcare provider. Suitable for adults and children over the age of 10.



Amounts of Active Ingredients

Per 1 Tablet: Calcium (200 mg), Phosphor (125 mg), Magnesium (100 mg), Potassium (80 mg), Vitamin C (45 mg), Niacin (14 mg), Vitamin E (7.5 mg), Pantothenic Acid (5 mg), Iron (5 mg), Zinc (5 mg), Coenzyme Q10 (5 mg), Manganese (1.8 mg), Vitamin B6 (1.3 mg), Vitamin B1 (1.1 mg), Vitamin B2 (1.1 mg), Lutein (1 mg), Copper (0.9 mg), Vitamin A (0.5 mg), Folic Acid (0.3 mg), Iodine (0.1 mg), Vitamin K1 (0.03 mg), Selenium (0.026 mg), Chromium (0.025 mg), Biotin (0.025 mg), Molybdenum (0.015 mg), Vitamin D3 (0.005 mg), Vitamin B12 (0.0024 mg).

